



# SIDRAN INSTITUTE

*Traumatic Stress Education & Advocacy*

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*For more information about engaging this speaker or  
trainer, or to learn more about the Sidran Speakers  
program or Risking Connection® training,  
please contact **Cindy@sidran.org**.*

**www.SidranSpeakers.com**  
**www.RiskingConnection.com**

## **Howard Reznick, LCSW-C**

### **SUMMARY**

Howard Reznick is a highly experienced training and counseling professional, specializing in a range of psychological, substance abuse, trauma, and other life-changing conditions. For over 20 years he has delivered educational presentations to diverse audiences and directed a variety of treatment programs. Achievements include creating leading-edge community awareness and response to substance abuse in the Jewish community and training of Johns Hopkins healthcare providers at the onset of the AIDS epidemic in Baltimore.



### **EXPERIENCE**

2008-Present	<b>Jewish Community Services</b> Senior Manager, Prevention Education
2007-Present	<b>Sidran Institute for Trauma Education and Training</b> Senior Trainer
2002-Present	<b>Private Counseling and Consulting Practice</b>
2004-2006	<b>Yaffe &amp; Company, Inc.</b> Executive Coaching/Training Consultant
1997-2000	<b>Spirit at Work</b> , Counseling Trainer
1998-2001	<b>Harbor Hospital</b> , Counselor
2000-2002	<b>Soros Foundation</b> <i>Trainer, Parish Nurses Project</i>
1998-2001	<b>Chesapeake Oncology</b> , Counselor

1991-1994	<b>Hidden Brook</b> Clinical Director
1988-1991	<b>Johns Hopkins Hospital</b> Trainer, Manager
1983-1988	<b>Jewish Addiction Services</b> Coordinator
1982-1988	<b>Jewish Big Brother Big Sister League</b> Clinical Coordinator

## **TRAINING**

Numerous Trainings on the Following Topics:

Trauma and High-Risk Behavior  
 Depression, Recovery & Spirituality  
 Gender Differences in Grief Expression  
 Secondary Trauma  
 Judaism, Spirituality & Recovery  
 Addressing Childhood Trauma

## **FUNDING AWARDS**

### **Foundation for Spirituality and Medicine - 1998**

Two year grant (\$50,000) to apply recovery oriented psycho-spiritual techniques with people struggling with cancer.

### **Soros Foundation Open Society Institute - 2000**

Two year grant (\$75,000) to train Parrish nurses and other helping professionals on supporting others in grief.

### **Blaustein Award - 1983**

Co-writer and program designer of initial grant to service the need for community-wide recognition and education about the developing alcohol and drug abuse problems in the Baltimore Jewish Community. The success of this pilot initiated what is now the Jewish Addiction Services in Baltimore.

## **EDUCATION**

Master of Social Work - 1977  
 University of Maryland School of Social Work

Bachelor of Arts, Sociology and Social Work - 1976  
 University of Maryland Baltimore County

