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Ann Jennings, Ph.D.



PROFESSIONAL EXPERIENCE

2005 to present: Trauma Service System Consultant SAMHSA Center on Women, Violence and Trauma (CWVT)

National SAMHSA funded Center: Consultant on trauma-informed state mental health service systems. Consulting includes network and partnership development; cultivating programmatic and policy networks at local, state, and federal levels; presentations; technical assistance development and implementation; materials development; state systems change and resource consultation.

Nebraska Advocacy Services, Inc.

Consultant for legal firm representing plaintiffs victims of violence within state mental institutions: on designing trauma-informed mental health service systems for clients in state mental health facilities and related service systems.

SPSCOT

Co-founder of the State Public Systems Coalition On Trauma (SPSCOT). Creator and manager of SPSCOT listserve. Ongoing consulting with variety of state mental health service systems through SPSCOT on developing trauma-informed service systems and trauma-specific services for individuals with serious and persistent mental health problems.

Muskie School of Public Service Institute for Public Sector Innovation

Consultant on trauma training curriculums and programs

2003 to 2005, NASMHPD

Funded by the Substance Abuse Mental Health Services Administration (SAMHSA) Center for Mental Health Services (CMHS) to consult with the National Association of Mental Health Program Directors (NASMHPD). Consulted in design and researched literature for Trauma-Informed Curriculum for state mental health facilities across the country.

Brought evidence-based and emerging best practice models from the SAMHSA Women and Violence study and other research studies to state mental health systems across the country; individual consulting with state systems. Publications produced to disseminate knowledge to field include:

- Models for Developing Trauma-Informed Behavioral Health Systems and Trauma-Specific Services
- Blueprint for Action: Building Trauma-Informed Mental Health Service Systems: State Accomplishments,

- Activities and Resources; and
- Developing Trauma-Informed Behavioral Health Systems: Powerpoint Presentation for Mental Health Program Directors
 - The Damaging Consequences of Violence and Trauma: Facts, Discussion Points, and Recommendations for the Behavioral Health System

2000 to Present, The Anna Foundation, Inc.

Founder and Executive Director

The Anna Foundation is a nonprofit organization “dedicated to the celebration of Anna Caroline Jennings’ life through exhibiting her incredible art work as well as using her life experience to educate others on the epidemic of childhood sexual abuse and its horrific effects on the individual and society.” Development of series of stand-alone educational Powerpoint presentations on trauma. Presentation of art exhibits and workshops at conferences nationally. Co-creator of educational website at www.annafoundation.org

1995 to 2003, Maine Department of Behavioral and Developmental Services (BDS), Augusta, ME

Director, Office of Trauma Services

Responsible for initiating and leading BDS’s pioneering work as first in the nation to recognize and take a statewide systemic approach to addressing the needs of public sector substance abuse and/or mental health clients with trauma-related disorders. Chief consultant to all BDS Central and Regional Offices regarding strategic planning, professional and public education, services implementation and policy development related to the impacts of violence and abuse on individuals with severe and persistent mental health and/or addiction problems. Responsible for collaborating across state systems and programs including corrections, human services, domestic violence, sexual assault.

1993 to 1995, San Francisco General Hospital Department of Psychiatry, San Francisco, CA

Director, Trauma Recovery Project (1994 to 1995)

Conducted educational project to raise awareness and increase knowledge and skill in recognizing, understanding and responding therapeutically to seriously mentally ill persons with histories of sexual and/ or physical trauma. Conducted needs assessment of psychiatrically labeled women with histories of sexual/ physical abuse. Wrote proposal with trauma survivors and mental health professionals for “wrap-around” comprehensive system of care and support.

1984 to 1990 Mental Health Association of Southeastern Pennsylvania, Philadelphia, PA

Director, National Mental Health Paradigm Shift Project (1988 to 1990).

Initiated and coordinated a two-year-national effort, as a joint venture of the Pew Charitable Trusts and the Mental Health Association of Southeastern Pennsylvania, to identify ways to impact on the development of a new national agenda of public mental health care for persons with serious long-term mental illnesses.

Senior Policy Analyst, Philadelphia Mental Health Program (1987–1988)

Recruited by Administrator of City of Philadelphia Office of Mental Health Mental Retardation to assist in implementation of grant from Robert Wood Johnson Foundation to reconceptualize the financing mechanisms and rules of operating services for low income, seriously mentally ill individuals in Philadelphia, and to develop a model urban mental health program. Responsibilities included public relations and communications liaison, development and coordination of representative Advisory Board and subcommittees, analysis of overall systems and policy design related to delivery of services under central authority to the most at risk populations.

Director, Project ACCESS, (1984–1987).

Conceptualized, initiated and directed Project funded by the Philadelphia Office of Mental Health and Mental Retardation, to empower mental health consumers and family members to effectively access needed services, to increase the effectiveness of available services and resources, to create communication linkages and working relationships between and among key

groups and service providers in the city, to improve the quality of public education on mental health issues, and to impact on public policy. In two years published seven guides on various aspects of the mental health and human services systems purchased by over 15,000 individuals and 900 agencies in Philadelphia.

Closure of Philadelphia State Hospital (1985–1988)

Gathered evidence from patients and staff and documented physical, sexual and other serious ongoing abuse of patients within the Philadelphia State Hospital leading to appointment by Governor of National Blue Ribbon Committee to investigate abuse. Findings resulted in permanent closure of state hospital.

1983 to 1984, University of Medicine and Dentistry of New Jersey, Camden, NJ

Assistant Program Director, Area Health Education Center (AHEC) Program.

CONSULTING

- SAMHSA Center on Women, Violence and Trauma (CWVT) (2004 to present).
- NASMHPD (National Association of State Mental Health Program Directors) (2003 to 2005).
- SAMHSA (Substance Abuse Mental Health Services Administration) /NASMHPD (National Association of State Mental Health Program Directors) Consult regarding formation and meeting of National Experts Group on Trauma and Violence. Create resource documents: "State Public Systems Coalition on Trauma Toolkit" and "What Have We Learned About Trauma: The Damage Done, Recommendations for Change" (2001 to present)
- Nebraska Advocacy Services, Inc. (2002 to present)
- Expert Witness and consultant for legal firm representing plaintiffs sexually abused in State's mental health facilities
- NASMHPD (National Association of State Mental Health Program Directors) National Experts Groups: consultation on states' adoption of trauma paradigm (1998 to 2001)
- Connecticut Department of Mental Health and Addiction Services Consult with state and CT Behavioral Health Consortium: Strategic planning for CT Trauma Initiative (4-12, 2000)
- Vermont Commission on Psychological Trauma Victims Consult with legislatively appointed commission on building capacity within Vermont's state mental health system and other related community organizations to serve persons with trauma disorders (August 24, 2000)
- South Carolina Department of Mental Health Consult regarding State Systemic Approaches to Development of Trauma Services (June 1999)
- Department of Health, Wyoming State Hospital Consultation on Development of a State System of Trauma Services (June 1999)
- Washington County Mental Health Services, Inc. Consult regarding development of services for consumers with histories of trauma (February 1999)
- Nebraska Advocacy Services Expert Witness: Hastings Regional Center Class Members Plaintiffs' Consent Decree Settlement Agreement (1997–1999)
- PROTOTYPE Systems Change Center National Expert Group (1998–1999)
- Louis de la Parte Florida Mental Health Institute, University of Southern Florida (1997–1998)
- SAMHSA (Substance Abuse Mental Health Services Administration) National Women's Resource Center: Technical Expert Group on Women, Abuse and Mental Health (1995 to 1998)

PRESENTATIONS

Presentation and workshop: "Missed Opportunities: The Story of Anna: A Child's Path to Mental Illness – Age Birth to Six and a Half". Missouri Department of Mental Health Spring Training Institute "Advancing Our Knowledge". Osage Beach, Missouri. May 17, 2006.

Art and Writing Exhibit: National conference on Sexual Violence Prevention and Intervention Sept 28, 29, 2005.

Panel Presentation: Facilitation of panel and large group discussion on mental health system transformation to trauma paradigm. SAMHSA Center on Women, Violence and Trauma, national experts meeting. Alexandria, VA. July 13, 2005.

Presentation: "Excellent Trauma, Mental Health and Substance Abuse Integrated Care Is Delivered". To SAMHSA/CMHS Experts Meeting on "Transforming Care for Trauma Survivors in the Public Mental Health System: Action Agenda Planning" September, 2004.

Presentation: "Anna's Art Work and Story: On Being Invisible in the Mental Health System". For NASMHPD annual conference of Mental Health Commissioners and State Hospital Superintendents, 2000.

Presentation: "A Public Mental Health System's Implementation of the Trauma Paradigm: Experiences in Maine." With former Maine State Mental Health Commissioner. For International Society for Traumatic Stress Studies 16th Annual Meeting, November, 2000

Panel Presentation: "Trauma Among People Diagnosed with Serious Mental Illness." With SAMHSA and New York State. For International Society for Traumatic Stress Studies 16th Annual Meeting, November, 2000.

Panel Presentation: "Pulling from the Top/ Pushing from the Bottom: Maine and Vermont as Contrasting Cases of State-Wide Efforts to Serve People Whose Lives have Been Affected by Severe Psychological Trauma." With Washington County Mental Health Services, Inc. For National Association of Rural Mental Health. August 5, 2000.

Opening Remarks: Panel on National Perspective on Trauma and Mental Health; for New York State Office of Mental Health 5th Annual Clinical Training Conference on Trauma Services in the Public Mental Health System, April 2, 2000

Expert Testimony: Maine State Legislature Judiciary Committee: on eliminating statute of limitation in civil cases, February 9, 2000

Opening Remarks: For Rights and Recovery: Trauma and Mental Health: Survivor/ Consumer Conference, Rockport, Maine, November 10, 1999

Keynote Speaker: "Help, Hope and Healing." For Sexual Assault Crisis and Support Center: Annual Board Meeting. Augusta, Maine October 28, 1999

Plenary Session Lecturer: "Sexual Violence, Nescience, and the Cultivation of Truth," for The International Institute on Religion in an Age of Science: Annual Conference on Sexuality and Human Nature: A Scientific, Religious and Moral Exploration, Star Island, NH, August 4, 1999.

Plenary Panelist: "Systems Change at the Community, State and Federal Levels." For Wisconsin "Crossroads" Statewide Mental Health and Trauma Conference Milwaukee, WI, March 30, 1999.

Keynote Speaker: "Restoring Peace In A Violent World: Maine's Trauma Initiative." For National Association of Social Workers: Maine Chapter, Annual Conference, Rockport, ME, March 29, 1999.

Speaker: "Trauma and Co-occurring Disorders: A Systemic Approach." For SAMHSA Women and Violence Steering Committee Meeting. Washington, D.C. January 14, 1999.

Panelist: "Public Mental Health Systems," for The International Society for Traumatic Stress Studies An-

nual Meeting, Washington, D.C., November 23, 1998.

Speaker: "Opening Remarks," for Maine BDS Annual Trauma Clinical Training Conference, Portland, ME, October 19, 1998.

Keynote Speaker: "Help, Hope and Healing," for Sexual Assault Response Services of Southern Maine, Portland, ME, September 23, 1998.

Grand Rounds: "On Being Invisible in the Mental Health System: Maine's Response to Victims of Trauma With Mental Health Diagnoses," for Maine Medical Center Portland, ME, September 15, 1998.

Opening Speaker: "Why Must We Address Trauma? Implications for Mental Health, Mental Retardation, Substance Abuse and Children's Services," for Maine BDS State Employee Institute on Trauma, May 11, 12, 1998.

Keynote Speaker: "Breaking the Conspiracy of Silence," for Maine Coalition Against Sexual Assault: Sexual Assault Awareness Month Rally, State Capitol Building, Augusta, ME, April 24, 1998.

Panel Presentation: "Trauma Survivors and Families Speak Out!" Dr. Solomon Carter Fuller Mental Health Center, Boston, MA, March 19, 1998.

Presentation: "Addressing Trauma in Community Mental Health Service System," Tri-County Community Mental Health Center, Lewiston, ME, October, 1997.

Presentation: "Preparing Maine's Public Health System to Recognize and Treat Trauma." To Central Maine Psychological Society, April 24, 1997.

Keynote Speaker: "Safety and Recovery: Implications for Sexual Abuse Survivors Diagnosed as Mentally Ill, for Providers Who Work in Partnership With Survivors, and For Our Children;" Plenary: "Preparing a State Mental Health System to Recognize and Treat Trauma," with Andrea Blanch, Ph.D., Associate Commissioner. For Mastering the Key Connection II: Safety & Recovery: Sexual Abuse Survivors Diagnosed With Serious Mental Illness: A Clinical Training Conference. For New York State Office of Mental Health and Mental Health Association of New York State, April, 1997.

Panel Presentation: "Changing the System: Responding to the Needs of Trauma Survivors: Maine's Strategic Plan;" Speaker: "On Being Invisible in the Mental Health System," Louis de la Parte Florida Mental Health Institute, University of Southern Florida Conference "Women and Mental Health: Responsive Programs and Services" April 1997.

Speaker: "The Role of University Education in Addressing the Needs of Trauma Survivors in the State of Maine," University of Southern Maine. March, 1997.

Presentation: "Anna's Story: Implication for Maine's Department of Mental Health, Mental Retardation and Substance Abuse Services Administrative and Support Staff," February, 1997.

Speaker: "The Plight of Trauma Survivor in Public Mental Health Crisis Services," State of Maine Community Linkage Assessment and Stabilization Services. February, 1997.

Speaker: "Guidelines: Acute Services and Trauma Survivors," BDS CRISIS systems, January, 1997.

Speaker: "Raising Consciousness about the Need for Trauma Services: A Strategic Plan for Maine," Southern Maine Dual Diagnosis Collaborative, December, 1996.

Presentation: National Technical Expert Group on Women, Violence and Mental Health; "Implementing a Trauma Based Service Delivery System in the State of Maine," December, 1996.

Keynote Speaker: Breaking Barriers Building Bridges: New Perspectives for Understanding the Needs and Preferences of Trauma Survivors Who Use Department of Mental Health Services. Massachusetts Dept. of Mental Health Conference. May, 1996.

Grand Rounds: Mid Maine Medical Center. "On Sexual Abuse and Mental Illness," May, 1996.

Keynote Speaker: Mastering the Key Connection: Sexual Abuse Survivors Diagnosed With Serious Mental Illness: A Clinical Training Conference. "Anna's Story And Implications For Mental Health Services," for New York State Office of Mental Health and Mental Health Association of New York State, April, 1996.

Speaker: Retreat for Sexual Abuse Trauma Survivors; Watertown, CT. "What Do Treatment Plans Have To Do With Trauma Survivors?" For Connecticut Department of Mental Health; March, 1996.

Panelist: Working Together Towards Positive Change. Conference: Women, Abuse and Mental Health; South Hadley, MA. "And What About Families?" For Human Resource Association of the Northeast, December, 1995.

Keynote Speaker: National Association for Rights Protection and Advocacy 14th Annual Conference on the Rights of Persons With Psychiatric Labels and/ or Developmental Disabilities. "On Being Invisible In The Mental Health System," November, 1995.

Keynote Speaker: Speakout on Mental Health Services for Survivors of Childhood Abuse; State Capital, Madison, Wisconsin. "Is Anybody Listening? Can Anybody Hear? Implications for Advocacy," for Wisconsin Coalition for Advocacy. October, 1995.

COMMITTEES, BOARDS, AND OFFICES

Present:

- Member, Sidran Institute Advisory Board
- Member, National Trauma Consortium
- Member, Witness Justice Advisory Board
- Co-Founder and Listserve Manager, State Public System Coalition on Trauma
- Member, National Association for Rights Protection And Advocacy
- Member, National Mental Health Consumers Association
- Member, World Federation for Mental Health

Past:

- Co-Chair, Maine Department of Behavioral and Developmental Services Trauma Services Implementation Team
- Member, Maine Management Service
- Member, Maine Commission on Domestic and Sexual Abuse. Appointed by Commissioner.
- Member, Mental Health/Medical Committee
- Member, Leadership Council For Mental Health, Justice and the Media
- Victims Advisory Board, Maine Department of Corrections
- Research Advisory Group, The Franklin County Women and Violence Project
- Editorial Board, Sidran Foundation
- Editorial Board, National Trauma and Mental Health Newsletter
- Advisory Board, The Sidran Foundation and Press, Lutherville, MD
- Vice President, San Francisco Mental Health Advisory Board
- Chair, Issues Committee, SF Mental Health Advisory Board
- Vice Chair, San Francisco Mental Health Education Funds, Inc. (SFMHEF, Inc.) Board of Directors

- Member, Children's Committee
- Member, SFGH Psychiatry/ PES/ DMS – Pre/ Post Care Linkage Committee
- Member, Community Advisory Board to SF General Hospital Psychiatric Services
- Chair, Trauma Committee, SFGH Community Advisory Board
- President, Board of Directors, Centralized Comprehensive Human Services, Inc., John F. Kennedy Community Mental Health Center, Philadelphia, PA
- President, Board of Trustees, Philadelphia State Hospital
- Member, Philadelphia Coalition of Community Mental Health Center Executive Directors and Board Presidents
- Member, Mayors Advisory Board to the City of Philadelphia, Department of Public Health, Office of Mental Health and Mental Retardation
- Chairperson, Consumer and Family Task Force; Mayor's Advisory Board
- Member, Advisory Committee to Pennsylvania Department of Public Welfare on Philadelphia State Hospital closure; Finance and Structure Subcommittee
- Member, Philadelphia Alliance for the Mentally Ill
- Member, Government Relations Committee; Mental Health Association of Southeastern Pennsylvania
- Member, Advisory Board; Outreach and Advocacy Training Services for Long-Term Mentally Ill Homeless
- Member, Board of Directors, Southeastern Pennsylvania Families Unite for Mental Health
- Member, Steering Committee with Philadelphia Police Department and Office of Mental Health/ Mental Retardation for Improvement of Services for Mentally Disabled Involving Police Contact.
- Member, Family Review Committee of the Philadelphia State Hospital

PUBLICATIONS AND AWARDS

The Story of Anna: A Child's Path to Mental Illness: Birth to Age 6 ½

Educational power-point published on www.annafoundation.org. Video-tape of power-point and live presentation, Missouri Institute of Mental Health. May 18, 2006

The Transformation of State Mental Health Service Systems to a Trauma Paradigm: Progress to Date and Emerging Trends, Paper for Taking the Next Step: A National Forum on the Health and Social Impact of Trauma. Sponsored by SAMHSA Center on Women, Violence, and Trauma. Alexandria, VA. June 13, 2005

Models for Developing Trauma-Informed Behavioral Health Systems and Trauma- Specific Services Published by the National Association of State Mental Health Program Directors (NASMHPD) and the National Technical Assistance Center for State Mental Health Planning (NTAC), supported by Contract between the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), and NASMHPD, 2004

Blueprint for Action: Building Trauma-Informed Mental Health Service Systems: State Accomplishments, Activities and Resources, Published by the National Association of State Mental Health Program Directors (NASMHPD) and the National Technical Assistance Center for State Mental Health Planning (NTAC), supported by Contract between the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), and NASMHPD. 2004

Developing Trauma-Informed Behavioral Health Systems: Powerpoint Presentation for Mental Health Program Directors. Published by the National Association of State Mental Health Program Directors (NASMHPD) and the National Technical Assistance Center for State Mental Health Planning (NTAC), supported by Contract between the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), and NASMHPD, 2004

The Damaging Consequences of Violence and Trauma: Facts, Discussion Points, and Recommendations for the Behavioral Health System. Published by the National Association of State Mental Health

Program Directors (NASMHPD) and the National Technical Assistance Center for State Mental Health Planning (NTAC), supported by Contract between the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), and NASMHPD, 2004

Trauma Services Implementation Toolkit for State Mental Health Agencies. Published as Appendix A in "The Damaging Consequences of Violence and Trauma: Facts, Discussion Points, and Recommendations for the Behavioral Health System," 2004

Make a Difference Award, Awarded by The Maine Coalition Against Sexual Assault. Blaine House, Augusta, ME. April 20, 2004

Guiding Light Award, Awarded by Sexual Assault Crisis and Support Center. Augusta, ME, October, 2003

What Can Happen To Abused Children When They Grow Up – If No One Notices, Listens or Helps? Some Statistics from the Research. Maine Department of Behavioral and Developmental Services, 2001 Selected for publication in Resources in Education (RIE) by U.S. Department of Education, Educational Resources Information Center (ERIC)

Break the Silence - Support the Healing Public Education Pamphlet. Maine Department of Behavioral and Developmental Services, 1999

Women's Mental Health Services: A Public Health Perspective Sage Publications, Inc. Fall, 1998, Co-Editor. Awarded 1998 Book of the Year Award by The American Journal of Nursing

In Their Own Words: Trauma Survivors and Professionals They Trust Tell What Hurts, What Helps and What Is Needed For Trauma Services, Maine Department of Mental Health, Mental Retardation and Substance Abuse Services; with Ruth O. Ralph, Ph.D. Edmond S. Muskie School of Public Service, University of Southern Maine. Selected by National Journal of Government Information, as one of most notable state documents of the year 1997

On Being Invisible in the Mental Health System, The Journal of Mental Health Administration 21:4, Fall 1994. Published as chapter in following books:

- Sexual Abuse Trauma Among Women with Severe Mental Illness: Gordon and Breach/ Harwood Academic Press, 1996
- Women's Mental Health Services, A Public Health Perspective: Sage Publications, Inc. Fall, 1998

Dare To Vision, Survivorship, 6:5, Fall 1994; Internet, August 1994

Retraumatizing the Victim, Resources, 6:3, Fall 1994; "Dare To Vision": Human Resource Association of the Northeast, January, 1995; "Mental Wellness: What Every Woman Should Know:" Hearst/ Morrow, 1996.

A New Paradigmatic System for the Public Mental Health Field, 1990. For Presentation at Psychiatric Nursing Update '90, Philadelphia, PA

Mental Health Services Research: A Background Paper, 1989. For National Mental Health Paradigm Shift Project, Pew Charitable Trusts

CAMI/ San Francisco Mental Health Services Resource Manual, 1992. Primary research and writing of manual published by the San Francisco Alliance for the Mentally Ill

Philadelphia Community Access: A Straightforward Guide to Mental Health and Related Services for Adults, (Project ACCESS) 1985

Community Contact Cards, in English and Spanish (Project ACCESS) 1985

Psychiatric Emergency Cards, (Project ACCESS) 1987

EDUCATION

Ph.D. in Psychology, Union Institute, 1995

Dissertation: "A Child's Path to Mental Illness: A Qualitative Study of the Childhood of a Young Woman Diagnosed As Severely and Chronically Mentally Ill"

Post Graduate: Training in Rogerian Person-Centered Approach, Center for Interpersonal Growth, Inc. 1981–1983

M.Ed. in Education, Marywood College, 1978

B.S. in Psychology, Fairleigh Dickinson University, 1975