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**David Freeman, Psy. D.**

## PROFESSIONAL EXPERIENCE

**Community Connections:** an intensive clinical case management agency based in Washington DC and Montgomery County.

2000 to present, PROGRAM DIRECTOR, Creative Connections, a consumer-driven, capitated program for District of Columbia mental health consumers

1998 to 2000 CLINICAL SERVICES CONSULTANT to the Women and Violence Coordinating Center, Funded by a SAMSHA grant and coordinated through Policy Research Associates, Albany, New York

1995 to present COORDINATOR MEN'S TRAUMA SERVICES. We have developed group interventions, publications, and training modules for male trauma survivors.

1993 to present SENIOR CLINICAL SUPERVISOR. Responsible for supervision of the intensive clinical case management activities of a case management team.

1993 to 1997 SUPERVISOR, FAMILY SUPPORT SERVICES This team provides family support and intensive clinical case management services to chronically mentally ill adults in their family homes in Washington DC.

1991 to 2001 SUPERVISOR, PSYCHOLOGY TRAINING

1996 to 1998 SUPERVISOR, FAMILY SUPPORT PROGRAM

1991 to 1994 DUAL DIAGNOSIS CASE MANAGER.

9/96 – 9/98 Clinical Faculty, **The George Washington University**, Center for Professional Psychology

1998 –1999 **Howard University**, Adjunct Professor

In **private practice** I provide a range of psychological services to adults, adolescents, children, families, couples, and professionals in training.

1995 to present PRIVATE PRACTICE.

My work with adults and adolescents is short and long term, with a psychodynamic and family systems focus. Other clinical specialties include addictions services, relaxation, well-being and play; and the long term effects of psychological trauma.

1990 to 1995 PRIVATE PRACTICE ASSOCIATE.

Provide supervised psychotherapy to individuals and families. Psychological and educational testing is also provided to children, adolescents, and adults.

**District of Columbia Commission on Mental Health Services**, St. Elizabeths Hospital and the North Community Mental Health Center, Intensive Day Treatment Unit (the P St. Clinic Day Hospital).

1989 to 1990 CLINICAL PSYCHOLOGY RESIDENT.

1988 to 1989 CLINICAL PSYCHOLOGY INTERN.

**The Psychological Clinic of Rutgers University** serves community and University clients and is a primary training agency for GSAPP clinicians.

7/86 – 7/87 SENIOR CLINICAL CO-ORDINATOR.

7/85 – 7/86 PSYCHOLOGICAL CLINIC MANAGER.

9/85 – 7/86 ON - CALL CLINICIAN.

**University of Medicine and Dentistry of New Jersey Community Mental Health Center at Piscataway.**

8/84 – 10/85 MENTAL HEALTH SPECIALIST,

**Place Runaway House, Inc. Boston, MA.** Place House provided emergency shelter, crisis intervention counseling, and system advocacy to runaway youth and their families.

1982 – 1984 SENIOR STAFF COUNSELOR

1980 – 1982 SENIOR NIGHT COUNSELOR

## **SELECT PRESENTATIONS**

“Men’s Trauma Recovery” Part of all day workshop on trauma recovery in Baltimore, MD, 2003

“Men’s Trauma Recovery” Part of all day workshop on trauma recovery at the New Haven Community Mental Health Center, 2003.

“Men’s Trauma Recovery” Part of all day workshop on trauma recovery at the New York State mental Health Association Annual Convention and Training, Albany 2002

“Men’s Trauma Recovery” Part of all day workshop on trauma recovery at IASPRS, Houston 2001

“Trauma Recovery and Empowerment.” All day workshop for psychiatric residents at Saint Elizabeths Hospital, presented 9/99.

“Effects of Trauma on Women’s Parenting Skills and Parenting Identity.” Workshop presented on 10/97 at the Institute for Psychiatric Services Annual Conference in Washington DC.

“Trauma and Trauma Recovery for Dually Diagnosed Men.” Symposium chaired at the Institute for Psy-

chiatric Services, Annual Conference, Chicago II, 10/96.

"Social Skills Training for Dually Diagnosed Male Trauma Survivors: Issues in Identity and Recovery." Symposium delivered at American Orthopsychiatric Association Annual Conference, Chicago, II, 4/95

"Network Strategies in Case Management with the Dually Diagnosed: (Re)developing Natural and Peer Supports." Workshop delivered at Hospital and Community Psychiatry, annual conference, San Diego, CA, 10/94.

"Forgotten Issues in the Lives of Dually Diagnosed Men," Paper delivered at the ACCESS Conference, which provides training for federal grantees, Washington DC, 6/94.

"Clinical Themes in Social Network Development Groups with Dually Diagnosed Adults." Paper delivered at the ACCESS Conference, Washington DC, 6/94.

"Clinical Issues in the Development of Natural and Peer Supports for Severely and Persistently Mentally Ill, Substance Abusing, Homeless Adults." Paper delivered at IAPSRS, 5/94.

"Social Network Intervention with Severely and Persistently Mentally Ill Adults." American Group Psychotherapy Association, annual conference, 2/94.

"Invisible Populations: Challenges to case management theory and practice." Hospital and Community Psychiatry, annual conference, symposium, 10/93.

"The Ties that Bind: Social Network Intervention for the Severely Dually Diagnosed" Hospital and Community Psychiatry, annual conference, poster session, 10/93.

"Special Populations: Challenges to Case Management Theory and Practice." American Psychiatric Association, annual conference, 5/93.

"Social Network Rehabilitation" at St Elizabeths Hospital, Washington DC, 1/92.

## **PUBLICATIONS**

Freeman, D.W., Wolfson, R.M., Affolter, Urs. Spiritual Dimensions of a Mind-Body Group for People with Mental Illness In Lamb, H.R., New Directions for Mental Health Services, Spirituality and Religion in Recovery from Mental Illness Number 80, 1998. New York: Jossey-Bass.

Fallot, R., Freeman, D., Zazanis, S., and Dende J., Male survivors. In Harris, M (Ed.) Trauma Recovery and Empowerment: A Clinician's Guide to Working with Women in Groups. New York: The Free Press 1998.

Freeman, D., Beyer, L., Miller, S. Women who are parents. In Harris, M. (Ed.) Trauma Recovery and Empowerment: A Clinician's Guide to Working with Women in Groups. New York: The Free Press 1998.

Harris, M., Bebout, R., Freeman, D., Hobbs, M., Kline, J., Miller, S., & Vanasse, L., (1997) Work Stories: Psychological responses to work in a population of dually diagnosed adults. Psychiatric Quarterly.

Freeman, D, and Fallot R.D. (1997) Trauma and trauma recovery for dually diagnosed men. In Harris, M. Sexual Abuse Trauma Among Women Diagnosed with a Severe Mental Illness. New York: Gordon Breach.

Freeman, D and Harris, M (1993) The philosophy of science and theories of case management: An investigation into the values and assumptions that underlie case management theory. In Harris, M. and Bergman, H. Case Management: Theory and Practice.

Freeman, D.W. 1991. The hermeneutic attitude: Interpretive social science, ethnography, and psychoanalytic clinical case writing. Dissertation in clinical psychology at Rutgers University. Committee co-chairpersons: Nancy McWilliams, Ph.D. and Louis Sass, Ph.D. Oral defense: August, 1991.

## **EDUCATION**

9/84 – 10/91 Graduate School of Applied and Professional Psychology (GSAPP), Rutgers University: PsyD program in Clinical Psychology (APA approved).

9/78 – 9/81 Boston University: Bachelors in Psychology. Graduated magna cum laude.

9/75 – 9/77 Haverford College, Haverford, PA

## **ACADEMIC AND PROFESSIONAL HONORS**

1993 Aaron Stein Memorial Award granted by the American Group Psychotherapy Association for innovative applications of group principles.

1986 – 1987 Academic Commendation of Department Chair (GSAPP).

1985 – 1987 Rutgers University Graduate Assistantship.

1981 Award for Community Service and Academic Excellence (Boston University).