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**Jasmin Cori, JC, MS, LPC**



**SUMMARY**

Jasmin Cori offers workshops and lectures on understanding trauma and healing from it. Her recent book, *Healing from Trauma*, written from her dual perspective as a therapist and trauma survivor, has been hailed as a “. . . compact, knowing work of atonement, grace, compassion and healing” (*Publishers Weekly*). Babette Rothschild praises her for dispelling “the popular belief that there is only one way to deal with trauma,” and Belleruth Naparstek notes that “it takes a special kind of talent to make complex information clear and useable . . . and Jasmin Cori has pulled this off in spades.”

Over the past ten years she has also taught 15 different psychology courses at the college and professional school level. At various times in the last 30 years she has worked in private practice and as a mental health center therapist. In these capacities she has facilitated support groups as well as therapy and personal growth groups.

**EMPLOYMENT**

1988-Present	Psychotherapist	Private Practice, on & off, Boulder, CO
2006-Present	Teacher/Trainer	Self-employed, Boulder, CO
1996-Present	Writer & Editor	Self-employed, Boulder, CO
1997	Faculty, part-time	University of Colorado Cont. Ed., Boulder
1996	Faculty, part-time	Boulder Valley Lifelong Learning
1990-1995	Faculty, core	Boulder College of Massage Therapy, Boulder
1991-1995	Faculty (periodic)	Front Range Community College, Boulder, CO
1989-1990	Counselor	Boulder Valley Women’s Health Center, Boulder
1987-1990	Faculty, part-time	Boulder Graduate School, Boulder

1984-1987	Psychotherapist	Private Practice, part-time in Fort Collins, CO
1983 1984	Special Services Manager	Crisis & Information Helpline, Ft. Collins, CO
1979-1982	Faculty, full-time	Black Hawk Community College, Moline, IL
1979-1980	Faculty, part-time	St. Ambrose College, Davenport, IA
1976-1978	Psychologist	Mesa County Mental Health Center, Grand Jct., CO

## **PUBLICATIONS**

### **Books**

*The Emotionally Absent Mother: A Guide to Claiming the Warmth, Respect, and Love Mom Never Gave You.* Globe Pequot, 2009

*Healing from Trauma: A Survivor's Guide to Understanding Your Symptoms and Reclaiming Your Life.* Marlowe & Company, 2007

*The Tarot of Transformation.* RedWheel/Weiser, 2002

*The Tao of Contemplation: Resourcing the Inner Life.* Samuel Weiser, Inc., 2000

*Winter into Spring: A Journey of Healing and Transformation.* Fireword, Inc. 2000.

*Freefall to the Beloved.* Golden Reed, 1996

### **Selected Articles**

"Am I Suffering from Trauma," *Selfhelp Magazine*

"What Is Posttraumatic Stress Disorder?" *Selfhelp Magazine*

## **EDUCATION**

M.S. Clinical Psychology, Indiana State University, 1976, GPA of 3.9

B.S. Psychology, Central Michigan University, 1972, Summa Cum Laude